

Abuse of Technology:

Have you not been able to concentrate? Having a hard time with participating in a face-to-face conversation? Do you wish you and your phone could spend all your time together? If you answered yes to at least one of those questions you might be experiencing the negative effects of phone abuse. It could lead to serious issues, so do not take it lightly! Visit CTP to learn what you can do to make it better.

To learn more about abuse of technology visit:

http://www.streetdirectory.com/travel_guide/7757/phones/cell_phone_abuse_are_you_a_victim.html

<https://teencellsafety.wordpress.com/category/cell-phone-abuse/>

https://ipfs.io/ipfs/QmXoypizjW3WknFiJnKLwHCnL72vedxjQkDDP1mXWo6uco/wiki/Mobile_phone_overuse.html

About CTP:

Center For Technological Pain is a non-profit organization focused on offering DIY and Open Source solutions to health problems caused by technology. These solutions range from physical objects that help eliminate certain problems to self-defense moves and classes that help beat tech-addiction.

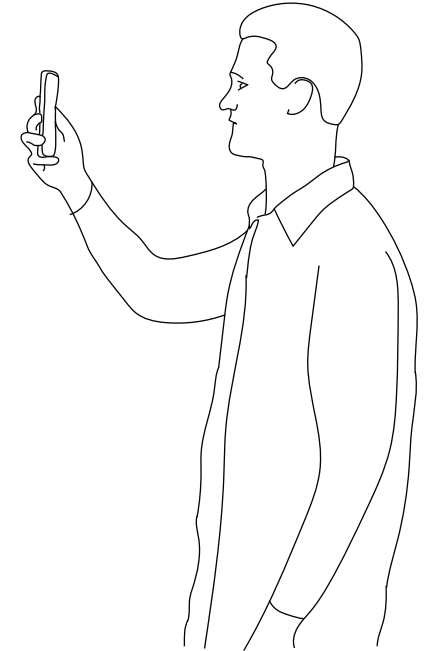
For more information visit:

website:
centerfortechpain.com

instagram:
[centerfortechpain](https://www.instagram.com/centerfortechpain)

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[centertechpain](https://twitter.com/centertechpain)

ABUSE



Self-Defense
Against Technology



THE GOOD OL' HEADBUTT

Abusing mobile phones can lead to serious social and psychological problems.

Headbutt a friend or a stranger to remind them the real values in life.
(P.S. it's not your phone)

